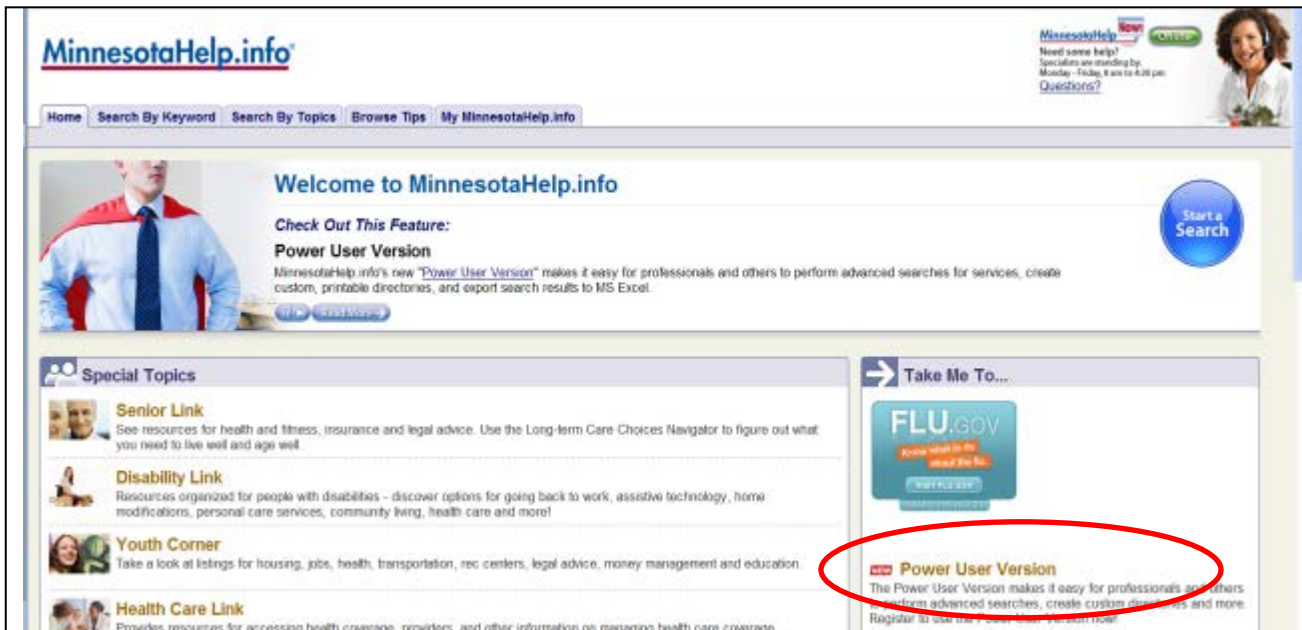
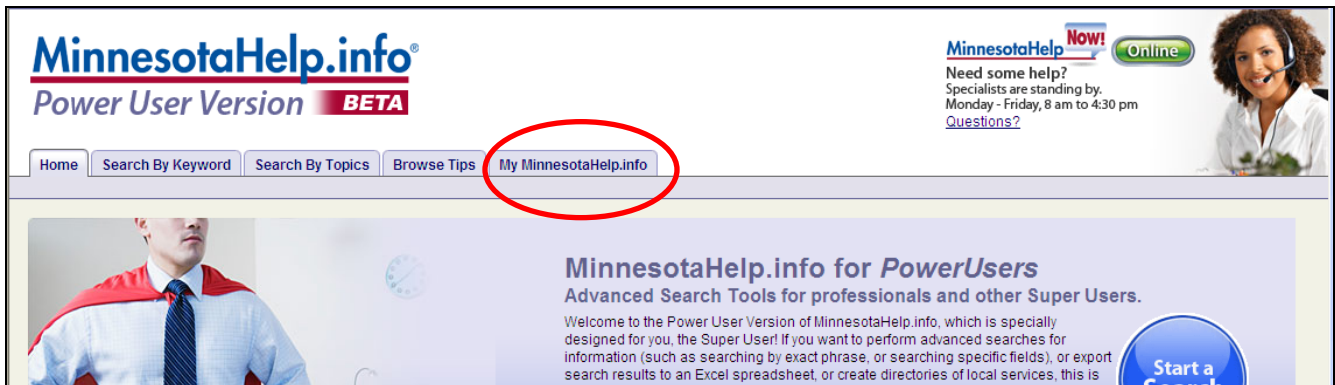


HOW TO ACCESS CLINIC-SPECIFIC RESOURCE LISTS OR “SAVED PLANS” IN MNHelp.Info

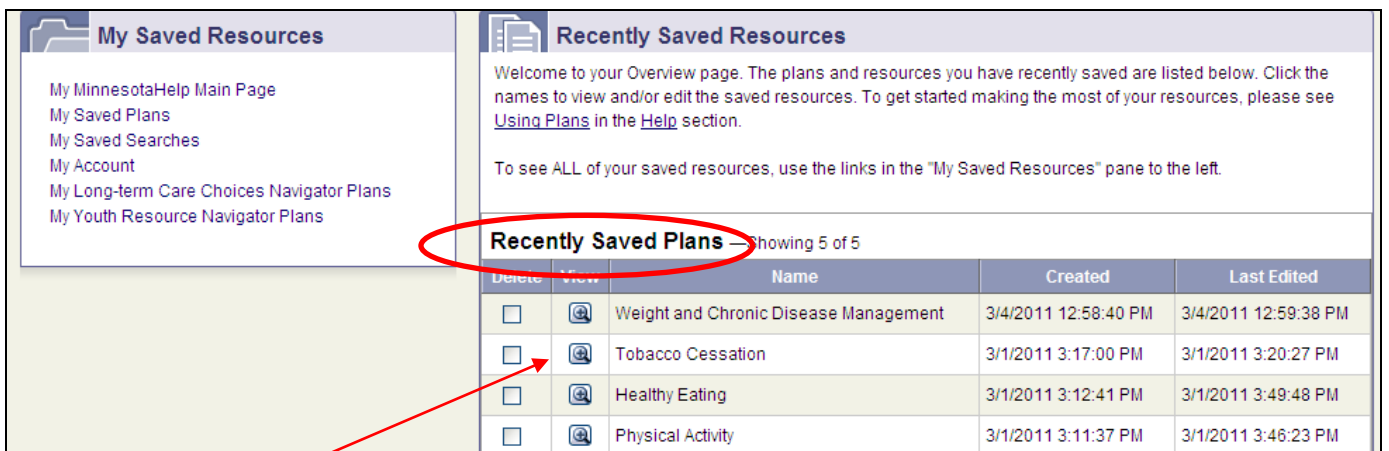
1. Go to www.MNHelp.info. Scroll down and click on “Power User Version” on the right hand side of the page.



2. Enter your username and password. **Username: XXX Password: XXX**
3. Click on the **My MinnesotaHelp.Info** tab near the top of the page.



4. Look under **Saved Plans** to find the corresponding resource lists for Physical Activity, Healthy Eating, Tobacco Cessation, Substance Abuse and Weight Management.



5. Click on the **magnifying glass icon** to view the resources in each Saved Plan by category.

6. You can then **Map, Email, or Print** the results.

Remove	Provider Name	Service Name	Location Details/Distance	Short Description/Features
<input type="checkbox"/>	Audubon Neighborhood Center	Recreational Activities and Programs	Address: 1320 29th Ave NE, Minneapolis, MN, 55418 Phone: (612) 370-4910 Email: audubon@minneapolisarks.org Website: http://www.minneapolisarks.org/default.asp?PageID=88&parkid=233	Description: Recreational activities, programs and neighborhood gatherings for all ages..
<input type="checkbox"/>	Bottineau Park	Recreation Plus	Address: 2000 2nd Street NE, Minneapolis, MN, 55418 Phone: (612) 370-4958 Website: http://www.minneapolisarks.org	Description: After school child care program, open on school release days, summer recreation program..
<input type="checkbox"/>	Logan Neighborhood Center	Recreational Activities	Address: 690 13th Avenue NE, Minneapolis, MN, 55413 Phone: (612) 370-4927 Website: http://www.minneapolisarks.org	Description: Activities for all ages..
<input type="checkbox"/>	Minneapolis Public Schools - Community Education	Community Education - Adult Enrichment - Healthy Lifestyle	Address: 2225 E Lake St Room 340, Minneapolis, MN, 55407 Website: http://commed.mpls.k12.mn.us	Description: Classes for adults of all ages to energize the mind, activate the body, spark the spirit and build community. Offered at 17 Minneapolis locations. Some discounts available..

7. You can also click on the **Service Name** to see more detailed information about each entry or on the **Provider Name** to see a list of all of the services provided by that agency.

8. Each listing contains agency **contact information, description of service, eligibility, application instructions, fees, business hours, area served, website, and date the listing was last updated** in the column to the right. Agency **locations** offering the service are listed in the column to the left.

Locations

This service is available at multiple locations. Click on an address to view details for that location.

- 7355 York Ave S, Edina, MN 55435
- 13337 Business Center Dr NW, Elk River, MN 55330
- 8950 Springbrook Dr NW, Coon Rapids, MN 55433
- 30 S 9th St, Minneapolis, MN 55402
- 7601 42nd Ave N, New Hope, MN 55427
- 3335 Blaisdell Ave S, Minneapolis, MN 55408**
- 3575 N Berens Rd NW, Prior Lake, MN 55379
- 1801 University Ave SE, Minneapolis, MN 55414
- 15200 Hanson Blvd, Andover, MN 55304
- 1711 W Broadway Ave, Minneapolis, MN 55411
- 12301 Ridgedale Dr, Minnetonka, MN 55305
- 4100 28th Ave S, Minneapolis, MN 55406
- 13850 Portland Ave S, Burnsville, MN 55337
- 30 S 9th St, Minneapolis, MN 55402

Service Details

Physical Fitness
Agency: YMCA of Metropolitan Minneapolis
3335 Blaisdell Ave S
Minneapolis, MN, 55408 [Map \(link opens new window\)](#)
Phone: (612) 827 - 5401
Email: Kerry.givens@ymcampls.org

Service Description
Aquatic and physical facilities, exercise classes and programs for all ages and abilities. Available at all branches.

Eligibility
Anyone

Application Instructions
Call or walk in

Fees
Vary for Speciality programs; none for aerobics, swim lesson, and child care with membership

Area Served
Hennepin County

Websites
<http://www.ymcatwinneapolis.org>

Telephones: types, numbers and hours

Type	Number	Hours
Main	(612) 827 - 5401	6 am - 9 pm Monday - Friday

Last Update


9. You can click **Return to Results** or the **My MinnesotaHelp.info** tab to return to the Saved Plan.

MinnesotaHelp.info
Power User Version **BETA**

Home Search By Keyword Search By Topics Browse Tips **My MinnesotaHelp.info**

MinnesotaHelp **Now!** [Email](#)

Need some help?
Specialists are currently offline.
Send us an email now.
[Questions?](#)



Locations

This service is available at multiple locations. Click on an address to view details for that location.

Service Details

Physical Fitness
Agency: YMCA of Metropolitan Minneapolis

[Report Data Problem](#) [Save Resource](#) [Return to Results](#) [Start a New Search](#)