

STAPLE FOODS ORDINANCE

Minneapolis Code of Ordinances. Title 10. Chapter 203. Grocery Stores

STAPLE FOODS. All licensed grocery stores must offer for sale the following items and quantities of food for home preparation and consumption, on a continuous basis:

CATEGORY	REQUIREMENT	DOES NOT COUNT
<p>MILK</p> 	<ul style="list-style-type: none"> • 5 gallons total • Any combination of gallon or half-gallon containers • At least 2 of the following varieties: skim/nonfat, 1%, or 2% milk, or “plain” or “original” milk alternative 	<ul style="list-style-type: none"> • No buttermilk, chocolate or flavored milk • No items that are not in gallon or half-gallon containers
<p>CHEESE</p> 	<ul style="list-style-type: none"> • 6 pounds total • Packages of at least one-half pound (8 oz.) • At least 3 varieties 	<ul style="list-style-type: none"> • No cheese food • No American cheese or individually wrapped slices • No string cheese singles
<p>EGGS</p> 	<ul style="list-style-type: none"> • 6 one dozen containers total • Large size only 	<ul style="list-style-type: none"> • No half-dozen or 18-egg containers • No medium or extra large-size eggs
<p>MEAT & VEGETABLE PROTEINS</p> 	<ul style="list-style-type: none"> • At least 3 varieties of meat, poultry, canned fish packed in water, or vegetable proteins such as nut butter and/or tofu. • Nut butter up to 18 oz 	<ul style="list-style-type: none"> • No single serving packs or freshly sliced deli meat • No canned fish in oil • No nut butters that contain other foods such as jelly, jam, chocolate, or honey
<p>FRUITS & VEGETABLES</p> 	<ul style="list-style-type: none"> • 30 lbs. or 50 items fresh and/or frozen total • At least 7 varieties; at least 5 must be fresh • No more than 50% from a single variety 	<ul style="list-style-type: none"> • No added ingredients like sweeteners, salt, or spices • No shelf-stable fruit cups or cans in syrup or juice • No dried fruit or herbs • No vegetables with dressings, dip, or cheese

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Minneapolis Health Department

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(Continued from other side)

CATEGORY	REQUIREMENT	DOES NOT COUNT
100% JUICE 	<ul style="list-style-type: none"> 6 containers total of 100% juice; at least 2 must be citrus Frozen/non-frozen concentrate: 11.5-12 oz. containers Juice: 59 oz. or larger containers 	<ul style="list-style-type: none"> No containers smaller than 59 fluid oz. or smaller than 11.5oz. concentrate No fresh-squeezed juices
WHOLE GRAIN CEREAL 	<ul style="list-style-type: none"> 4 boxes or bags total, 12 oz. or larger, whole grain cereal or cereal grains At least 3 varieties 	<p>No cereals that list the following as the first ingredient:</p> <ul style="list-style-type: none"> Enriched flour, wheat flour, milled corn, corn, rice, bran, farina
WHOLE GRAINS 	<ul style="list-style-type: none"> 5 pounds total At least 3 varieties such as 100% whole grain bread, corn tortillas, brown rice or oatmeal 	<ul style="list-style-type: none"> No products with “enriched wheat flour” as 1st ingredient No popcorn with butter, salt or added fat/oil No white flour tortillas
CANNED BEANS 	<ul style="list-style-type: none"> 192 oz. total of canned beans or legumes At least 3 varieties 	<ul style="list-style-type: none"> No added fats, oils, meats No baked beans, pork and beans, chili beans, or refried beans No soup mix No green or wax beans
DRIED PEAS BEANS LENTILS 	<ul style="list-style-type: none"> 4 packages total Up to 16 oz. in size 	<ul style="list-style-type: none"> No seasonings or other added ingredients No soup mixes

Minneapolis Health Department

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